

## INDIVIDUAL MEAL RANGE

### Meat Based

Creamy Chicken, Mushroom, Bacon, Creamy Mash <b>gf</b>	\$11
Moroccan Chicken Tagine, Brown Rice <b>gf, df</b>	\$11
Lemongrass & Coconut Thai Beef Curry, Steamed Jasmine Rice, Greens <b>gf, df</b>	\$11
Chicken Tikka Masala, Steamed Jasmine Rice <b>gf</b>	\$11
Traditional Butter Chicken, Steamed Jasmine Rice <b>gf</b>	\$11
Roast of the Week <b>gf</b>	\$11

### Pasta Range

Rigatoni All Norma <b>v</b>	\$10
Beef Lasagna	\$10
Vegetarian Lasagna <b>v</b>	\$10
Gluten Free Beef Lasagna <b>gf</b>	\$11
Gluten Free Vegetarian Lasagna <b>gf</b>	\$11
Fusilli Bolognese	\$10
Spicy Tomato & Olive Fusilli <b>v</b>	\$10

### Vegan Range

Vegan Rigatoni Alla Norma <b>v, df</b>	\$10
Moroccan Vegetable Tagine, Brown Rice <b>v, df, gf</b>	\$10
Vegan Lasagna <b>v, df</b>	\$11

## FAMILY SIZE MEALS

### Quiches/Slices/Pies

Mediterranean Vegetable Frittata <b>gf, v</b>	\$18
Shepherd's Pie <b>gf</b>	\$25
Shepherd's Lentil Pie <b>v</b>	\$25

(v) - Vegetarian | (gf) - Gluten Free | (df) - Dairy Free | (vn) - Vegan

**Pasta Range**

Beef Lasagna	\$22
Fusilli Bolognese	\$20
Spicy Tomato & Olive Fusilli <b>v</b>	\$20
Vegetarian Lasagna <b>v</b>	\$22
Gluten Free Beef Lasagna <b>gf</b>	\$24
Gluten Free Vegetarian Lasagna <b>gf</b>	\$24
Spinach & Ricotta Cannelloni <b>v</b>	\$20

**Meat Based (sides sold seperately)**

Creamy Chicken, Mushroom, Bacon <b>gf</b>	\$22
Moroccan Chicken Tagine <b>gf, df</b>	\$22
Lemongrass & Coconut Thai Beef Curry <b>gf, df</b>	\$22
Chicken Tikka Masala <b>gf</b>	\$22
Creamy Butter Chicken <b>gf</b>	\$22
Roast of the Week <b>gf</b>	\$42

**Vegetarian & Vegan Range**

Vegan Lasagna <b>v, df</b>	\$24
Vegan Rigatoni Alla Norma <b>v, df</b>	\$20
Vegan Moroccan Chickpea & Vegetable Tagine <b>v, df, gf</b>	\$20

**Pasta Sauces**

	<b>870ml</b>
Bolognese Sauce <b>gf, df</b>	\$12
Heather's Home Cooking Tomato Sugo <b>v, df</b>	\$10
Creamy Mushroom & Bacon Carbonara Sauce	\$12

**SIDES – MIX AND MATCH WITH  
YOUR FAVOURITE MEALS**

	<b>400gm</b>	<b>1kg</b>
Steamed Brown Rice <b>v, df, gf</b>	\$5	\$12
Steamed White Rice <b>v, df, gf</b>	\$5	\$12
Steamed Seasonal Vegetables, EVOO <b>v, df, gf</b>	\$5	\$12
Creamy Mash <b>v, gf</b>	\$7	\$15
Roast Potatoes <b>v, df, gf</b>	n/a	\$15
Roast Pumpkin <b>v, df, gf</b>	n/a	\$15
Cauliflower Cheese <b>v, gf</b>	n/a	\$18

**SIDES / SOUPS / SAUCES**

<b>Sides</b>	<b>400 GM</b>	<b>1 KG</b>
Steamed Brown Rice <b>v, df, gf</b>	\$5	\$12
Steamed White Rice <b>v, df, gf</b>	\$5	\$12
Steamed Seasonal Vegetables, EVOO <b>v, df, gf</b>	\$5	\$12
Mediterranean Vegetable Cous Cous <b>v, df</b>	\$8	\$12
Creamy Mash <b>v, gf</b>	\$7	\$15
Roast Potatoes <b>v, df, gf</b>	n/a	\$15
Roast Pumpkin <b>v, df, gf</b>	n/a	\$15
Cauliflower Cheese <b>v, gf</b>	n/a	\$18
 <b>Pasta Sauces</b>	 <b>750 ML</b>	
Bolognese Sauce <b>gf, df</b>	\$10	
Heather's Home Cooking Tomato Sugo <b>v, df</b>	\$8	
Creamy Mushroom & Bacon Carbonara Sauce	\$10	
 <b>Soups (Available May – August Only)</b>	 <b>750 ML</b>	
Roast Pumpkin <b>v, df, gf</b>	\$8	
Tuscan Vegetable <b>v, df, gf</b>	\$8	
Potato & Leek <b>v, df, gf</b>	\$8	
Classic Roast Tomato & Basil <b>v, df, gf</b>	\$8	
Pea and Ham <b>gf, df</b>	\$10	
 <b>Sweets</b>	 <b>EACH</b>	 <b>FAMILY</b>
Chocolate Brownies <b>gf</b>	\$3.50	\$15
Individual Mini Tartlets (Chocolate or Passionfruit)		\$15
Sticky Date Pudding, Butterscotch Sauce	\$4.50	\$25
Banana & Choc Chip Loaf <b>gf</b>	\$4.00	\$30 (Loaf)

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